East Boulder Recreation Center Leisure Pool 1/12/2016

December 28-January 31

Pool schedule is subject to change. Please read the bottom of the page for anticipated changes.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30am		Adult-Warm		Adult-Warm			
8:00am	Aqua-Fit 8:00-9:00 55+ W.W. F (2) 9-9:45 Aqua Motion 9:45-10:15	Water Wellness 7:30-9:30	Aqua-Fit 8:00-9:00	Water Wellness 7:30-9:00	Aqua-Fit 8:00-9:00		
8:30am							
9:00am			55+ W.W. F (2) 9-9:45 Aqua Motion	55+ W.W.F (2) 9-10:00	Aqua Motion 9:00:9:30	Swim Lessons 9:00-12:00 start 1/9	
9:30am		Twinges in the			Twinges in the Hinges 9:30-10:30		Open Swim 9:30-7:30
10:00am		Hinges 9:30-10:30	9:45-10:15				
10:30am	Open Swim 10:30-1:00	Open Swim 10:30-1:00	Open Swim 10:30-1:00	Open Swim 10:30-1:00	Open Swim 10:30-1:00		
11:00am							
11:30am							
12:00pm						Open Swim 12:00-5:30	
12:30pm							
1:00pm	55+ W.W.F (3) 1-2:00	55+ W.W.F (1) 1-1:45	55+ W.W.F (3) 1-2:00	55+ W.W.F (1) 1-1:45	Adult-Warm Water Wellness 1:00-3:00		
1:30pm							
2:00pm	Aqua-Core 2:00-3:00	Adult-Warm Water Wellness 2:00-3:00	Aqua-Core 2:00-3:00	Adult-Warm Water Wellness 2:00-3:00			
2:30pm							
3:00pm						12.00 3.30	
3:30pm	Open Swim 3:00-5:15	Open Swim 3:00-5:15	Open Swim 3:00-5:15	Open Swim 3:00-5:15			
4:00pm							
4:30pm							
5:00pm	EXPAND		Adult-Warm				
5:30pm	5:15-6:15	Swim	Water Wellness	Swim	Open Swim		
6:00pm	shallow end open	Lessons 5:15-7:15	5:15-6:15 Hy-Dro Drive	Lessons 5:15-7:15	3:00-9:00		
6:30pm	Hy-Dro Drive 6:15-7:15 shallow end open	start 1/12	6:15-7:15 shallow end open	start 1/14			
7:00pm							
7:30pm	Open Swim 7:15-9:00	Open Swim 7:15-9:00	Open Swim 7:15-9:00	Open Swim 7:15-9:00			
8:00pm							
8:30pm							
9:00pm							